

SPIRITUAL DIRECTORS (5/12/17)

*The following is a list of Spiritual Directors who may have openings in their practice.
They are listed in alphabetical order.*

Directors who participate in the student health benefit plan:

Ms. Patricia Barnett, *Spiritual Director*

P.O. Box 200
Rocky Hill, NJ 08553
609.937.4667
pbarnett50@gmail.com

Denomination: Episcopalian
On campus or in own office
(10-minute drive, 25-minute walk)

Rev. Laura Craig, *Manager, Fellowship in Prayer*

291 Witherspoon Street
Princeton, NJ 08542
908.281.6776
revlaura.gfm@gmail.com

Denomination: Interspiritual/Interfaith
On campus or in own office
(5-minute drive, 15-minute walk)
groundsforministry.com

Ms. Patricia Deeney, *Spiritual Director*

114 Glenview Drive
Lawrenceville, NJ 08648
609.396.9352
pjdeeney@hotmail.com

Denomination: Presbyterian
On campus or in own office
(15-minute drive)

Ms. Karla Droste, *Spiritual Director*

1555 Applewood Circle
Yardley, PA 19067
510.590.2963
karlad123@sbcglobal.net

Denomination: Episcopal
On campus
www.spiritualdirectorkarla.com

Rev. Dr. Howard Friend, *Spiritual Director*

1275 Rose Lane
Berwyn, PA 19312
610.647.4142 (home and office)
484.883.2854 (cell)
hfriend@prodigy.net

Denomination: Presbyterian
On campus

Rev. Maureen Gerald, *Spiritual Director*

20 Schalks Crossing Road
Plainsboro, NJ 08852
609-228-8612
609-915-4499 (cell)
me@maureen.gerald.org

Denomination: Non-Denomination
On campus-(Mon. & Wed.)

Ms. Janet Haag, *Executive Director of NAMI Mercer*

3371 U.S. 1,
Lawrenceville, NJ 08648
215.595.8087 (cell)
Haag334@aol.com

Denomination: Roman Catholic
On campus

Ms. Mary Lou Hatcher, *Spiritual Director*
925 Prospect Ave
Bethlehem, PA 18018
484.894.5062
MLhatcher55@hotmail.com
Denomination: Religious Society of Friends (Quaker)
On campus

Rev. Dr. Richard (Dick) Herman, *Associate Pastor at First Presbyterian Church, Hamilton Square*
101 Bridgeboro Road
Moorestown, NJ 08057
856-235-1688
609-670-2763(cell)
Denomination: Presbyterian
On campus
dherman@fpcmoorestown.org

Ms. Jennifer Hinton, *Spiritual Director*
121 Red Hill Road
Princeton, NJ 08540
609-558-0985
jenhinton@aol.com
Denomination: Roman Catholic
On campus or at St. Paul Church, Princeton
(5-minute drive or 10-minute walk)

Ms. B.J. Katen-Narvell, *Spiritual Director*
242 Prospect Avenue
Princeton, NJ 08540
609.921.8948
katen.narvell@gmail.com
Denomination: Presbyterian
On campus – Mon. – Thur. (during the day)

Jan W Koczera, *Spiritual Director*
5 Andrew Johnson Drive
Monroe Township, NJ 08831
609-558-2705 (cell)
Jan.koczera@gmail.com
Denomination: Presbyterian
On Campus: Wednesday to Friday

The Rev. Dr. Terry Thomas Primer, *Chaplain, Monroe Village Retirement Community*
21 Elm Street
Hopewell, NJ 08525
609.649.2029
Terry.Thomas.Primer@gmail.com
Denomination: Baptist/UCC Affiliations
On campus – Wednesdays

Ms. Deanna Sass, MA, MA, LAC, NCC, CPC, *Spiritual Director*
20 Nassau Street
Suite #226
Princeton, NJ 08542
609.213.6975 (cell)
JourneyWithYou@aol.com
Denomination: Roman Catholic-(Ministers to persons of all Christian Denominations)
In office Weekday evenings, by appointment
(5-minute walk)

The Rev. Ann Schoonover, *Spiritual Director*
20 Nassau Street
Suite #226
Princeton, NJ 08542
610.220.9763
schoonbrwn@aol.com
Denomination: Presbyterian
On campus
In office – available Tuesday's by request
(5-minute walk)

The Rev. Dale Selover, *Spiritual Director*
4 Darvel Drive
Princeton Junction, NJ 08550
609.785.5366 (home)
908.797.7336 (cell)
dale.graceministries@gmail.com

Denomination: Lutheran
On campus or in own office
(20-minute drive)

Ms. Heather Swanson, *Spiritual Director*
1004 S. Farragut Terrace
Philadelphia, PA 19143
267.584.7538
heatherjswanson510@gmail.com

Denomination: Presbyterian
On campus or in own office
(Bryn Mawr & West Philadelphia)
(60-minute drive)

Ms. Anne Walsh, *Jungian Therapist*
1 Southern Way
Princeton NJ 08540
609.924.8659
anneb.walsh@verizon.net

Denomination: Interfaith
In office
(10-minute drive)

Rev. Margo Walter, *Spiritual Director*
543 Park Street
Montclair, NJ 07043
973.479.5756
margowalter@comcast.net

Denomination: Presbyterian
On campus - Tuesdays

Rev. Betty Wright-Riggins, *Spiritual Director*
130 West Main St Suite 144
Collegeville, PA 19426
484-942-3795
revbety@gmail.com

Denomination: American Baptist
On Campus: Wednesdays

Ms. Ruth Workman, *Spiritual Director*
Sanctuary Retreats
1981 Berrel Court
Yardley, PA 19067
215.702.7041
ruthworkman@prodigy.net

Denomination: Presbyterian
On campus or in own office
(25-minute drive)

Directors who do NOT participate in Student Health Benefit Plan

The Rev. Andrew T. Barton, *Pastor of First Presbyterian Church, Hamilton Square*
3550 Nottingham Way
Hamilton Square, NJ 08690
609.587.3683
andrewtaylorbarton@gmail.com

Denomination: Presbyterian
On campus
Offers individual spiritual direction and facilitates
group spiritual direction

Ms. Ann Quinn, *Spiritual Director*
280 Holcombe Way
Lambertville, NJ 08530
908.285.1403
ann-spirit@live.com

Denomination: Episcopal
In own office - Flexible schedule
(25-minute drive)

BRIEF BIOS OF SPIRITUAL DIRECTORS

Andrew Barton is pastor of First Presbyterian Church of Hamilton Square, NJ. He has 36 years of experience in the pastorate. He is certified as a Spiritual Guide by Oasis Ministries and has also studied at the Shalem Institute for Spiritual Formation. Leading contemplative prayer groups and retreats is another area of interest.

Andrew says: "I seek first to be in tune with God in my own life...in meeting with a person, I aim to create an atmosphere of hospitality in a safe and quiet space...I am prayerful...seeking to be attentive to the movement of God in his or her life."

Patricia Barnett is a spiritual director in Princeton, NJ who has a certificate in individual direction from the Haden Institute, Flat Rock, NC. Pat is a registered nurse and she has a law degree. She is a Reiki Master and she also is a member of the Shelter Animal Reiki Association and active in a local shelter. Pat is a member of the Vestry of All Saints Episcopal Church, Princeton, where she offers Reiki and Spiritual Direction and runs a contemplative prayer group.

A spiritual director doesn't 'direct' anything; he/she is a companion, a guide. Spiritual Direction has also been called 'Holy Listening' by Margaret Gunther, a term more accurate than direction. The director's role is to help the directee who has expressed an interest in becoming closer to God by creating a safe 'container' for exploring what that means for that individual. Pat first learned of spiritual direction when she heard Gerald May talk at a Fellowship in Prayer Conference in Princeton in 2002. He spoke of working with a "companion on the road" for many years as they explored how to build a deeper, closer relationship with God. What struck Pat was this is not formal study of text or a top down relationship where the directee is a vessel that knowledge is being poured into. It is also not counseling or psychotherapy. It is an open and honest discussion of the challenges of being human and discerning where God is in our daily life right now, not at arms' length. It is also being honest with ourselves about our struggles, triumphs, and failures.

Laura Craig is an ordained Interspiritual/Interfaith minister whose private practice includes spiritual direction, retreats, talks and ceremonies. She is a Reiki practitioner and a student of Non-Violent Communication. Currently involved in prison ministry, she previously ministered to adults recovering from divorce. Formed in Catholicism, Laura's spiritual path now embraces all faith traditions. She is well-versed in "A Course in Miracles" and she is thrilled about the new Cosmology of the Universe. Laura graduated from One Spirit Interfaith Seminary and was certified in spiritual direction through Oasis Ministries. She has an MS from Rutgers University and a BS from Fordham University, both in the natural sciences. Her website is groundsforministry.com

Spiritual Direction is a sacred meeting place and a walking together where two people intentionally and contemplatively place themselves in the midst of the Divine. It is a safe harbor where one's soul can moor and rest, challenge and question, be nourished and accepted. Every human experience is a portal into the Holy. As Elizabeth Barrett Browning poetically described, "Earth's crammed with heaven, and every common bush aflame with God."

Patricia Deeney is a certified spiritual director through Oasis Ministries. She has a Master of Arts degree in Holistic Spirituality from Chestnut Hill College and a Master of Science in engineering from Rutgers University. She is a Reiki Master and a member of Associated Bodywork and Massage Professionals. A PCUSA ordained elder and member of Westminster Presbyterian Church in Trenton and Middle Collegiate Church in New York City, Pat lives with her husband in Lawrenceville. She has provided

individual and group direction within diverse communities of faith, and has led retreats and workshops over the past two decades.

Spiritual Direction is a spiritual practice which provides a sacred space for deep listening and reflection. It is an opportunity to explore your relationship with the Divine in the presence of a non-judgmental, compassionate fellow traveler and the Holy Spirit. Pat values a broad range of spiritual teachers, including the mystics and those who reassure direct experience of the Divine. She is receptive to interspiritual exploration and interfaith dialogue.

Karla Droste is a spiritual director in Yardley, Pa. who has certificates in individual and group direction from the Mercy Center in Burlingame, CA. She is especially interested in vocational discernment, transition and clergy/partner relationships, and provides direction for individuals, couples and groups. The wife of an Episcopal priest, she has lived up close and personal with the unique challenges, ambiguities and demands of clergy life. Karla recently moved here from Oakland, CA, where she worked as an administrator in a hospital spiritual care department and provided spiritual direction for chaplains in the Clinical Pastoral Education program.

Karla believes that a loving God is tangibly present in every human experience and that spiritual direction can help us name and give voice to our experiences with God. She employs many different languages and tools to explore the inner landscape, including the Enneagram, Myers-Briggs, mindfulness, and spiritual gifts discernment. She believes that the focus of spiritual direction is to deepen our relationship with God and ourselves. “We learn to discern God’s voice from the myriad of other voices demanding our attention. We listen closely, discovering the thread of the Spirit in our everyday experiences.”

Howard Friend first served the Montauk Community Church on Long Island, where he was recognized as the “village chaplain” – to fishermen and surfers, year-rounders and summer visitors, churched and unchurched. He was pastor for 23 years at the Gladwyne Presbyterian Church, his pastoral experience and leadership spawning his two books and many articles. He is founder and lead consultant of the Parish Empowerment Network through which he has worked in depth with over 150 congregations, judicatories and non-profits over three decades. He is president of Karitas Foundation with a major mission presence in Mexico and Haiti and has led immersion journeys to Mexico, Haiti, India and Nicaragua. He calls himself a contemplative activist. He has his M. Div. from PTS and D. Min. from Palmer Seminary, where he taught in the D. Min. program for 25 years. He is a credentialed marriage and family therapist and a pastoral psychotherapist. Howard encourages personal, relational and corporate discernment, often in the style of the Quaker “clearness committee.” Finally, he is convinced that, biblically and spiritually, spiritual deepening and social action are inextricably entwined.

Spiritual companionship (direction, guidance, mentoring by whatever name) is an intentional yet patient and receptive journeying together. Believing that we are by birthright beloved of God, in-filled with the divine breath, held in everlasting arms, safe in the hollow of God’s hand, spiritual companionship awakens us ever more deeply to what already is. Believing that God calls and gifts us to faithful, gracious and purposeful living, spiritual companionship seeks discernment, guidance and empowerment to know and make manifest that calling and those gifts. Spiritual companionship welcomes a sacredness and time of place, secure and safe, where deep listening, loving-kindness and compassion, heart connection and soul-knitting thrive.

Maureen Gerald is a seasoned and credentialed counselor, coach and spiritual director with over 25 years in the mental health field. Maureen is the Founder and CEO of Momentum, Counseling, Coaching, & Consulting LLC, a successful private practice with 2 locations, Princeton and Bordentown, NJ. She provides holistic mental, emotional, and spiritual wellness.

Her community of clients include adults, adolescents 16 yrs old and up, International students, LGBTQ+, married couples, and families, with a special interest in anxiety, anger, PTSD, defiant behaviors, women's issues, sexual identity, depression, and complicated grief.

Maureen's life work as a clinician is to help thousands of people map out new ways to move forward. Because her practice represents individuals from around the world, her practice is one of the most culturally diverse in the State. Maureen integrates highly developed and safety-coded technology to further advance healthy outcomes for her clients, including text messaging, journaling, centering apps and virtual therapy, allowing her to serve clients across the globe.

She's often makes appearances on radio, sharing her story and strategies for "smart living".

She is a frequent keynote speaker at Princeton Theological Seminary, retreat centers, and US congressional forums. Maureen not only ensures the mental wellness of her clients, but engages in active self-care.

In addition to various awards and certifications, Maureen's academic training includes the College of St. Elizabeth, Columbia University, Princeton Theological Seminary and Oasis Ministries.

Janet Haag is the Executive Director of NAMI Mercer, an affiliate of the National Alliance on Mental Illness, providing education and support for individuals and families affected by mental illness, and advocating for lives of quality and respect, without stigma or discrimination. She holds Masters Degrees in both Formative Spirituality and Psychology from Duquense University and has extensive experience journeying with men and women discerning the call to religious life and ministry in the Roman Catholic tradition, as well as with others making life transitions. She has been a spiritual director for more that fifteen years, has served as an adjunct faculty member in the religious studies departments of several universities, has been in senior management at a social services agency and provided bereavement counseling through a hospice program. She is married, has two children in college, and she lives in Newtown, PA.

Janet's philosophy of Spiritual Direction is that it is an opportunity to listen more deeply and carefully to the "still, small voice of God within" and to explore ways to become more wholly integrated in one's life. Janet believes the Spiritual Director's role is less about "providing direction" and more about "companioning a person on a journey of discovery." The result is someone more joyfully aware of who they are, the choices they have and the presence of God in their life.

Mary Lou Hatcher has a certificate in Spiritual Direction from Oasis Ministries. She received a BA in Religious Studies from The University of Virginia, and an MA from the Presbyterian School of Christian Education in 1980. She has been practicing with Quakers since 1988 serving her local Meeting in the areas of religious education, pastoral care, and social concerns. She has served the Philadelphia Yearly Meeting judicatory as clerk of the Children's Spiritual Life Committee. She is married and has two step children, two biological children, and a grandchild.

In her own spiritual life Mary Lou practices a contemplative silent worship desiring a clear mind, an open heart, and a humble willingness to respond to God's presence. As a spiritual director/guide she sees herself primarily as a witness to the Spirit's leading in each of our lives and as a support for the many ways we "make space" for that divine work.

Richard Herman is a pastor on the staff of the First Presbyterian Church of Moorestown, NJ with more than 35 years of experience in pastoral ministry. He is certified as a Spiritual Director by Oasis Ministries and earned a Certificate in Spiritual Formation from Columbia Theological Seminary subsequent to completing his D. Min at Fuller Theological Seminary. Dick is married to Lissa and they have a married daughter and two granddaughters, who live nearby. Although a bit of a "gym-rat", he also enjoys taking

walks and bird-watching with Lissa, travel in the Celtic lands of the UK, nature photography and playing with his granddaughters and his family's golden retriever.

For Dick, spiritual direction is about being a contemplative companion on a faith journey whose presence encourages listening intentionally for the quiet voice of the Shepherd that calls us each by name, leads us out and sustains us. Direction is the process of paying attention together to the life-giving movement of God's Spirit in a person's life held intimately in God's hands. A director serves as an "anam cara" or "soul friend" who provides a safe place and a safe relationship in which to discover and grow in God's grace and love.

Jennifer Hinton is a certified spiritual director (The Upper Room, Roman Catholic Diocese of Trenton). Currently the Co-Director of the Office of Family Life for the Diocese of Metuchen, she previously served as a Pastoral Associate at Saint Paul Church in Princeton for eight years. Her educational background is in psychology, education and pastoral studies. Jen resides in Princeton with her husband (and tens of thousands of honeybees!) and is the parent of three young adult children.

Each of us has a story to tell, and the listening to that story is the sacred privilege of a spiritual director. Whether it is in the contemplation of a moment or of significant life events, the story of Love is revealed to us as individuals and as a community. I look forward to sharing part of your blessed journey as a spiritual companion.

B.J. Katen Narvell is a practicing spiritual director. She holds an AB in Religion from Princeton University, an MBA from the Wharton Graduate Division, University of Pennsylvania, an MA in Christian Spirituality from The General Seminary of the Episcopal Church and is a graduate of the SDSG program of Oasis Ministries. After a career in corporate marketing she retired to focus on family and nonprofit work, including serving as Coordinator of the Lilly Endowment Sabbath Renewal Program at Princeton Theological Seminary. She is married and has three grown daughters.

The infinite compassion of God's love and the power of the Holy Spirit are the foundation of spiritual direction. In spiritual direction we create a sanctuary of space and time apart to be still and attentive to God's promptings to the directee. The Holy Spirit is the true guide and the spiritual director serves as midwife and supportive companion on the directee's journey.

Jan W. Koczera

Bio and Spiritual Direction Statement for Jan Koczera

Jan Koczera is an ordained pastor and a retired Army chaplain and veteran who served three combat tours in Iraq. He served locally as the Associate Pastor for Evangelism at the First Presbyterian Church of Hamilton Square. He has most recently served as chaplain of the New Jersey Veterans Home in Menlo Park. During his time at Hamilton Square and as a Veterans Home chaplain he was a field education supervisor for Princeton Seminary students. He is also a contemplative, is committed to a lifetime of learning and is a graduate of the Living School of Richard Rohr. He has a passion for connecting art, spiritual direction, and the journey of healing from trauma.

Spiritual Direction is the journey of companions on life's road. An African proverb says, "The reason two antelope walk together is so that one can blow the dust out of the eyes of the other." Spiritual direction is the work of assisting another to discern God's loving presence in life, to find within themselves the eternal Source of love, peace and strength.

Terry Thomas Primer serves as the chaplain to the older adults and staff who live and work at Monroe Village, a continuing care retirement community near Cranbury, NJ. She has been a field education

supervisor to many seminary students and is the advisor for the Baptist Student Association on campus. She and her husband have two sons who are in their twenties. Terry has a Bachelor's degree in Psychology from Towson University, a M. Div. from Yale Divinity School, and a D. Min. from Wesley Theological Seminary in Washington, DC. She has worked as a marriage and family counselor, group therapist, campus minister and hospital chaplain. She completed the Oasis Ministry Program in Spiritual Direction in 2000.

For Terry spiritual direction is a covenant relationship. It is an opportunity to have someone hold your heart, listen to your heart's desire, and return you back to the heart of God where strength, peace and service arise.

Ann Quinn is grounded in contemplative, interspiritual wisdom. My intention is to open to Divine Grace, Light, Love.

God, Great Spirit, Divine Mother and Father, Creator, One of all Names, You are the Essence of all that is. You are here, now, everywhere present, throughout the universe(s) in which our beautiful Mother Earth sustains its creatures. Who am I? How might I live fully into this Mystery?

Spiritual Direction / Soul Friendship/ Spiritual Companionship journeys with another as they explore, deepen and enliven their lived relationship within this Divine Mystery. The shared experience of timelessness and deep laughter may often arise in our sacred conversations.

After a thirty-year corporate executive career, I graduated in 2001 from the Shalem Institute for Spiritual Formation (and co-led the Philadelphia Area Shalem Personal Spiritual Deeping Program for several years). Spiritual practice has been at the forefront of my life for many decades --- Twelve Steps, Anglican / Benedictine, Buddhist meditation, cosmology, conscious business and leadership, singing sacred music, being in Nature, and more. Interspiritual describes this radically inclusive path, even as I deeply honor and appreciate those who thrive within one tradition.

Divorced as a young woman, and suddenly widowed in mid-life, I am profoundly blessed with love for a second time with my husband, a retired Episcopal priest. Together we enjoy our five (blended and natural) adult families with nine grandchildren.

God, Great Spirit, Mother and Father, Eternal Love, Light, Compassion, Creator, You are the essence of all that is. You are here, now, everywhere present, throughout the universe in which our beautiful Mother Earth sustains its creatures. Who am I? How do I live fully into this Mystery? Spiritual Direction journeys with another as they explore their relationship with this Mystery.

Deanna V. Sass serves the seminary community as both a licensed counselor/psychotherapist, as a certified pastoral counselor, and as a certified spiritual director (but does not assume multiple roles for the same person). She also works as the Director of Pastoral Care for the (Roman Catholic) Diocese of Trenton. With a varied background in ministry, spanning the fields of religious education, hospital chaplaincy, campus ministry, parish ministry, multicultural ministry, social ministry, and spiritual formation, she enjoys supporting young men and women as they navigate the seminary journey.

Deanna practices a contemplative style of spiritual direction, listening with her directees for the "still small voice" of God whispering in and through the ordinary events of one's day to day life, relationships and prayer.

Ann Schoonover is a graduate of Princeton Seminary and is ordained in the PCUSA. She currently serves as a chaplain, and has worked with many individuals, families and groups during times of discernment, as well as crisis and transition. Her training in spiritual direction is through Oasis Ministries. She finds joy in accompanying others as they encounter their belovedness, worth, purpose, authenticity and hope.

Spiritual Direction involves an intentional setting apart of self, time and space in order to grow into our relationship with God. It is there that we discover again and again our truest selves—God’s beloved. Spiritual direction affords a holy sharing of conversation, silence, stillness and prayer whereby we notice God’s creative work in our lives—and perhaps more fully embrace it. Although spiritual direction does not count as “credit” towards any particular academic achievement, it offers a balance to the intellectual demands and other stressors of seminary life. Awakened spiritually, you will notice the extraordinary amidst your ordinary, everyday life with others. Whether looking for a call, discerning a new ministry, serving a congregation or in a specialized ministry, or simply “being”, you will appreciate God’s spiritual feast, and realize how it feeds your soul.

Dale Selover graduated from Gettysburg College and the Lutheran Theological Seminary at Gettysburg. Her first call of nine years was to Abiding Peace Lutheran Church in Budd Lake, N.J., then she served for ten years as Discipleship Pastor of Zion Lutheran Church in Oldwick, N.J., and is now the pastor at Christ the King Lutheran Church in Kendall Park, N.J. In 2012 Pastor Selover completed a two-year program in spiritual direction and was certified through Oasis Ministries. She has led retreats for congregational women’s groups, councils, families, and Christian Education teams, as well as for the Cross Roads Camp and Retreat Center, an ecumenical Lutheran and Episcopal ministry. Pastor Selover also serves on the Program Committee and Board of Directors for Oasis Ministries in Camp Hill, Pa. What you most need to know about Dale is that she is a Child of God. Many years ago, while on parenting leave, Dale became profoundly aware of her hunger for a deeper relationship with God. She embarked on a seven-year journey of classes and conversation that led to where she is today, serving as a spiritual director and retreat leader in the E.L.C.A. Sensing others’ hunger for a relationship with God, Pastor Selover seeks to connect others to Jesus Christ, to one another, and to the church. She is married to the Reverend Peter Froehlke, pastor of Prince of Peace Lutheran Church in Princeton Junction. They are proud of their teenagers: Sara Grace and Hannah Ruth.

Spiritual Direction or Spiritual Companionship is for those who hunger for a deeper relationship with God. That is how I came to direction. I was hungry. I wanted to “dig a little deeper”. I treasure those times, whether as director or directee, when I can walk with another and together we can discern God’s invitation and experience God’s grace.

Heather Swanson’s life experience inspires her ministry as a spiritual director. She has taught French in a variety of university settings, serves as medical interpreter to French-speaking immigrants, and has studied in France and Switzerland. She has mentored youth and young adults in Presbyterian and Mennonite contexts. Heather is an experienced rock climber and brings an integration of body, mind, and spirit to her practice. She offers spiritual direction at the *Middleton Center for Pastoral Care and Counseling*, a ministry of Bryn Mawr Presbyterian church, and at the *Sisters of the Assumption Convent* in West Philadelphia. Heather’s spiritual direction practice includes work with clergy, questioning millennials, and those seeking God during life crises. Heather holds an MA in Holistic Spirituality and Spiritual Direction from Chestnut Hill College, as well as an MA in French Literature from Temple University.

“What brings you life?” This dynamic question, one which deeply impacted Heather in her experience as a directee, animates her spiritual practice today. God desires life for us. Heather offers spiritual direction in the Ignatian understanding that God’s life runs throughout the whole of our lives. Through the contemplative space that spiritual direction offers, she seeks to facilitate awareness of God’s presence and movement in the concrete experience of a person’s life and to encourage a faithful and free response. This leads a directee to participate in God’s larger work in the world.

Margo Walter is a certified Spiritual Director (Oasis Ministries), who cultivates a perspective that spans from the big picture “forest” (2013 PTS M.Div.) to the detailed “trees” (1981 George Washington University B.S. Civil Engineering). She loves the interfaith and ecumenical world of chaplaincy, and has completed four units of CPE training, specializing in neuroscience and psychiatry (New York City’s Mt. Sinai-Hospital and Summit, NJ’s Overlook Hospital.) A native Alabamian, she has spent 30 years in Montclair, NJ, where she is a Ruling Elder and candidate for ordination in the Presbyterian Church (USA), and a part-time Pastoral Associate specializing in women’s ministry and pastoral care (Grace Presbyterian Church.) She and her husband of 36 years, Frank, have released three adult children into the world.

Spiritual Direction has radically transformed my life. I long to companion those who seek a still, sacred space, which I envision as a snow globe’s churned-up static finally settling into calm and clarity. I long to deeply listen and reflect what I hear to you. I long to offer tools to help you sense God in your life and to grow spiritually.

Betty Wright-Riggins is an ordained American Baptist Minister, Spiritual Director, Consultant I Church Spiritual Formation and a certified Grief Recovery Specialist. She is adjunct at Palmer Theological Seminary teaching in the areas of prayer, spiritual disciplines and grief and loss. Betty has served as pastor and while in Vermont she was the only African American, American Baptist woman pastor in the state. She is the Principal of TrustOne, a leadership coaching and spiritual direction ministry. She serves on the "Journey Team", an American Baptist Churches initiative to discern the will of God when considering the future direction of the denomination. She provides retreat leadership for Rhythms of the Spirit, a contemplative retreat for church leaders and denomination executives. And has been a confidant to pastors, ministers and their families in transition.

Betty has had several opportunities to serve in a variety of ways. As principal in public schools, head of a Christian school, speech pathologist, principal in schools for special needs students and with youth who have been adjudicated by the courts. These opportunities and others have shaped her commitment to be fully present and prayerful.

Throughout her ministry Betty has lived by the adage of living as though one's head is below one's heart in order to hear the whisper of God's voice.

Betty believes Spiritual Direction is helping people discover the pin light that illuminates the path God has for them. It is also listening beneath what is said to discern what may be deeper inside. And it is holding the Holy inherent in the silence that accompanies challenges, breakthroughs, discovery and confession.

She often says spiritual direction is teacher to those who will discover the gift of trusting in the power of the Spirit to be a constant primary presence on one's journey to becoming.

Ruth Workman is certified as a Spiritual Director and supervisor of spiritual directors. She earned an M.Ed. from Rutgers University and a M.A. in Holistic Spirituality and Spiritual Direction from Chestnut Hill College. Ruth served Presbyterian congregations as a Director of Christian Education and Pastoral Care Associate for 20 years. She is ordained as an elder in the PCUSA and is an Adjunct Professor at PTS. She and her husband have two adult sons and seven grandchildren.

Ruth's approach to spiritual direction is contemplative: it is a long loving gaze at God. She believes spiritual direction is not really about being "directed," but rather being companioned and encouraged as you discover your desire for God and God's desire for you. Spiritual direction helps you to notice God's presence in all of life, to open more deeply to God's love, and to know and accept more fully the person you were created to be.